



Care of Mouth After Soft Reline

If you wear a denture that uses a soft liner you need to take additional precautions to protect the soft liners. Soft liners are more porous than the hard-liner dentures and mostly considered a temporary procedure that may last between 4 weeks to up a year depending on the choice of the materials used.

1. Soak your denture in a denture cleaning product, but use only cool water for mixing. The high heat may damage the soft lining material. Make sure the product is non-abrasive (no toothpaste).
2. Soak denture in the cleaning solution no longer than 30 minutes.
3. During the first several days, use cotton balls to swab the liner. After this, you may try using a soft bristled brush.
4. Hot food and heavy chewing is not recommended for the first day. Also, since the lining is soft, small materials like seeds may become embedded in the lining.
5. Do not allow the lining to become dry. Keep your denture in water while it is out of your mouth.
6. Cleaning is best achieved by holding it under cold running water and wiping with wet cotton.

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