



## **Instructions for Your New Implant-Retained Denture**

1. Additional instructions for your implant-retained denture (see instructions for regular dentures for all basic information.)
2. When brushing your dentures, be gentle around the implant housings. They could become dislodged if you brush too vigorously. When not wearing your dentures, place them in water only – other agents may deteriorate the housings. You can use a denture cleanser such as Efferdent as desired, but only for 10 minutes. If left over night or for an extended amount of time, this may deteriorate the implant housings.
3. You will also need to keep your implants free of plaque and tarter. Brushing them at least twice daily is an absolute necessity. Use toothpaste and a soft-bristled brush to clean the implants and Locators (Locators are the gold part sticking up from the implants) being sure to brush at all different angles and around the gum line.
4. We recommend being seen every 6 months for an exam and professional cleaning as to prevent the build-up of harmful bacteria, plaque, and tarter around your implant and locators.
5. All adjustments and implant housing replacements will be provided at no charge for the first 6 months.
6. It is to be expected that the plastic part in the housing of the denture will wear and need to be replaced on average every 1-1 ½ years. In some cases, this replacement maintenance may be required even more often. This is by design as to protect the Locators from wear.

Companion Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient uses sedation, companion must sign.)

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